The Ins And Outs Of Becoming a Surrogate

Is it right for you?



Hello Surrogate Candidate,

Below is the step-by-step process for surrogacy:

Step 1: Submitting an application: This is the first thing that is done on your surrogacy journey. The questionnaire will take you about 15 minutes to complete. It will ask questions related to past pregnancies, your personality and your general health. For an application, please email <u>info@LosAngelesSurrogacy.com</u> or visit our website.

Step 2: **Reviewing your application:** A coordinator from Los Angeles Surrogacy will be in touch soon to approve and go over any questions that may arise from your application.

Step 3: Matching with Intended Parent/s - After your application is approved, we start the process to get you matched with the right intended parent/s (IP). Once we think we have a match, there will be a phone and/or video call set-up with your Los Angeles Surrogacy Coordinator and IP to ensure both parties feel comfortable moving forward.

Step 4: Psychological Evaluation – Once you are matched, the next step is the psychological evaluation. The purpose of the psychological evaluation is to ensure you are not suffering from depression, separation issues, anxiety, mood disorders and that you are fully committed to the surrogacy program and understand truly what this process entails. There are two steps to the evaluation: the first part is a psychological questionnaire which can be completed by computer. After the questionnaire is completed, you will be scheduled for a phone interview

with one of our therapists. This should take about 30-45 minutes. This can be scheduled based on your availability.

Step 5: Clinical evaluation with the OB-GYN - Once the psychological evaluation is complete, you will have your OB-GYN evaluation. This appointment is scheduled around your menstrual cycle. Your first visit to the OB-GYN will consist of a pap smear and ultrasound of your uterus to ensure you are free of fibroids or cysts. Additionally, a blood test will be performed to rule out any infections or drug use. If you have a partner or spouse, they will be required to have a blood test to confirm they have no sexually transmitted diseases. Lastly, the doctor will prescribe you birth control pills to prepare your uterine lining for implantation.

Step 6: Legal contracts - After you are medically cleared, you will move onto the legal portion of this process. Los Angeles Surrogacy will provide an attorney free-of-charge to review the surrogacy contract with you. You will need to read the contract in its entirety. The Los Angeles Surrogacy team and the attorney will be available for any questions you may have. Once you confirm understanding of all the terms and conditions, you will need to have it notarized and mail it back to the attorney. After this your compensation will begin and you will receive your first payment by check.

Step 7: Preparation of Ureteral lining - Now that your medical screening and legal process is complete, we will begin your preparation. You will take hormone pills for about three weeks. The hormone pills will thicken your uterine lining so the embryo can successfully implant itself. You will be required to come to Los Angeles up to three times during this process to check your body's progress and ensure you are at

an optimum point for embryo transferWe will cover your missed day at work, gas and food.

Step 8: Embryo Transfer - The embryo transfer is actually when you will become pregnant. This is a fast procedure and you are not sedated for this. After the embryo transfer, you need to be on bed rest for 24 hours to increase your chances of becoming pregnant. After approx. 7 days, you will be able to take a pregnancy test to ensure you are pregnant after embryo transfer. You will also receive a compensation payment after embryo transfer.

Step 9: First Trimester of Pregnancy - Upon confirmation of pregnancy, You will be required to stay on hormone medication for the first twelve weeks of your pregnancy to ensure a successful pregnancy. During your pregnancy you can go to your local OB/GYN as long as the office accepts the insurance we provide you. If you don't have an OB/GYN, we work with several that we can refer you to. You will now start receiving monthly compensation payments throughout the remainder of your pregnancy.

Step 10: Second Trimester of Pregnancy - You will continue your check-ups required by your OB/GYN. During your second trimester, our legal team will begin preparing the "Pre-birth Order." A Pre-brith Order (PBO) is when parentage is assigned to the intended parents and the court removes all rights and obligations from the surrogate. Once the PBO is completed, we will provide an attorney to review it with you before it is submitted to the court similar to the review that was done with your initial contract.

Step 10.1 Seeing Your Delivery Doctor - In the middle of your second trimester (Week13-28), we will have you start seeing the OB/GYN that will be handling your delivery. Depending on your location, this doctor could be in Los Angeles and would require you to come to Los Angeles for visits. We will determine which location based on the intended parents preference and where you live.

Step 11: Delivery - You know what this means! All your hard work is finally here. Prior to your delivery, we will work with you to ensure you are working with the delivery doctor and know which hospital you will be delivering at. In the event, you are delivering in Los Angeles and need to travel, we will get you a comfortable hotel room prior to your due date and ensure you have everything you need for the few days leading up to your due date. Once you deliver the baby, the IPs will be there at the hospital to meet their new bundle of Joy!